

# Acupuncture4Health

A tranquil and relaxing clinic room, with a friendly therapist, in a beautiful, quiet location by the river.

## About Libusa

I qualified as a physiotherapist in Europe and later trained in Beauty Therapy and Aesthetics. Following my passion for Chinese Medicine, I studied Traditional Chinese Medicine and Naturopathy at The College of Naturopathic Medicine in London for four years. Since completing my training, I continue my professional development through ongoing postgraduate courses.

I am a member of the following:

- British Acupuncture Council (BAcC)
- Association of Naturopathic Practitioners (ANP)
- Acupuncture Fertility Network (AFN)
- Cosmetic Acupuncture UK (CAUK)

## About treatments...

I focus my treatments on harmonising the mind, body and spirit. I combine superior knowledge with a unique touch to give my clients luxury, pampering and individual attention within each treatment.

My Treatments are **Your Path to Restoring Health & Wellbeing.**

Penton Place  
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Acupuncture4Health

Your Path to Restoring Health and Wellbeing

## Acupuncture

15 mins Telephone Consultation F ree

Initial Acupuncture Consultation and Treatment £65

Follow-up Acupuncture Treatments £50

Facial Enhancement Acupuncture Initial Consultation and Treatment 90 mins £95

Facial Enhancement Acupuncture Follow-up Appointment 60 mins £80

Cupping Therapy 15-20 mins £25

Guasha Therapy 30mins £40

## Lash and Brow Treatments:

**A patch test is required 24hrs prior to the treatment.**

Eyelash tinting £15

Eyebrow tinting £15

Eyelash and eyebrow tint £25

Eyebrow shape £10

## Waxing Treatments

Half leg £22

Bikini From £15

Full leg £35

Underarm £10

Arm From £15

Upper lip £ 5

Chin £10

Back £35

## Massage Treatments

Full body massage 1 hour £65

Back, neck & shoulder 30 mins £35  
massage

Indian head massage 30 mins £35

Back, neck & shoulder  
plus Indian head 1 hour £65  
massage

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## Hydradermie Cellular Energy Facial Treatments

### Hydradermie Age Logic

#### **The Anti-Ageing Star Treatment**

Clinically proven to reduce wrinkle depth by up to 49.5%, this specially designed anti-ageing Hydradermie facial puts extra focus on the eye contour, neck and décolleté for an all-compassing, age defying result.

**1 hour 15 mins** **£80**

### Hydradermie Youth

#### **The Personalised Targeted Facial**

Achieve immediate results. This unique, age-defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns; allowing you to achieve exceptional, visible and clinically proven results after just one treatment.

**1 hour** **£70**

### HydraClean

#### **The Deep Cleansing Treatment**

The perfect introduction to regular skincare. This treatment purifies the skin, decongests the pores and refines the skin's texture using Ozone therapy.

**30mins** **£30**

### Hydradermie Yeux Logic

#### **The Eye Contour Treatment**

This unique treatment targets signs of ageing and tiredness around the delicate eye area, including fine lines, wrinkles, puffiness and dark circles. Using a combination of machine technology, hands-on massage and an eye mask infused with a concentrated skin repair serum for maximum results.

**40 minutes** **£45**

### Hydradermie for the Bust

#### **The Bust and Décolleté Treatment**

Revitalises and tones the elastic and connective support tissues. The results are a noticeable firming and lifting of the breast contours to give a more youthful appearance.

**50 minutes** **£65**

### Hydradermie for the Back

#### **The Back Cleansing Treatment**

An ideal deep cleansing treatment for clearing blocked pores and improving skin texture. This special back treatment purifies and rehydrates the skin.

**1 hour** **£85**

## Manual Facial Treatments

### Age Summum

#### **The Ultimate Anti-Ageing Treatment**

Smooths fine lines and wrinkles, combats skin slackening, restores a youthful radiance using Vitamin C, Hyaluronic Acid and Pro-Collagen.

**50 minutes** **£75**

### Lift Summum

#### **The Ultimate Lifting treatment**

Immediately reduces signs of fatigue and ageing, smooths the skin, reshapes the facial contours and firms the décolleté.

**50 minutes** **£75**

### Liftosome

#### **The Firming and Rejuvenating Treatment**

A unique treatment combining firming, regenerating active ingredients with Masque Thermolift, which diffuses heat to improve penetration and cell activity.

**50 minutes** **£60**

### Hydra Peeling

#### **The Skin Renewal Treatment**

An alternative to chemical peels, suitable for all skin types including sensitive skin. Brightens and evens skin tone, reduces dark spots, restores a youthful complexion.

**45 minutes** **£65**

### DétOxygène

#### **The Anti-Pollution Treatment**

Detoxifies and oxygenates dull, lifeless skin. Promotes lymphatic drainage, leaving skin fresh and perfectly clear.

**45 minutes** **£55**

### Aromatic

#### **The Relaxation Treatment**

Aromatherapy facial using essential oils and plant extracts to energise and purify the skin, with long-lasting effects. Prescribed to the client's skin type.

**45 minutes** **£55**

Discover Guinot's extensive range, designed to care for and improve every skin type. Based on the latest research and medical breakthroughs, the products are formulated with pure active ingredients and plant extracts that help keep skin healthy and diminishes the effects of the ageing process. Guinot products are paraben free, using non-GM plants and are not tested on animals.